

South Africa Animal Communication Adventure July 28 – August 8, 2020 Information and Itinerary

Thank you for your interest in the Animal Communication Academy's second trip to South Africa. To be eligible to join the group:

- 1. You must have taken the basic two-day animal communication class (AC1), and the Intermediate class (AC2/Shinka) before the trip. If you have not yet taken AC2, please contact Lauren, or your local country organizer, for information on available classes.
- 2. Your English needs to be good enough to understand conversational English. You will not have access to an interpreter on this trip.

Application Procedure:

Please complete the *South Africa Animal Communication Adventure* Application Form. There are a very limited number of places available (only 12) and last year the Adventure filled quickly. Participants will be drawn from a variety of countries so this will be a fun international gathering of like-minded people. In group settings, English will be the common language so that all members of the group feel included. I will review applications in the order in which they are received. If I need more information from you, or feel that a Skype or FaceTime conversation with you would be helpful, I will notify you directly by email to arrange a convenient day and time for us to talk. You will be notified of your application status, by email, as soon as possible.

If your application is accepted, you will have 7 days to send your non-refundable deposit in order to hold your place. This trip requires that we pre-pay hotels, transportation and other fees well in advance. <u>Please take out trip insurance for the entire cost of your trip, including your airfare, as *refunds cannot be offered*!</u>

Your Adventure Staff: Lauren McCall, Instructor and Tour Leader

About Edie Jane Eaton, Tour Organiser:



Edie Jane - a longtime friend and colleague of mine - is a Tellington TTouch Instructor and Feldenkrais Practitioner who fell in love with South Africa when she started teaching there many years ago. She now leads small groups to Southern Africa, focusing on landscape and animals. When not traveling the world, she lives in Quebec, Canada.

About Helen Dunford, Tour Assistant:



This is Helen's third trip to Africa. She is a British and American dual citizen, and works as a higher education specialist for the State of Oregon. An excellent linguist, Helen is very well traveled and has a passion for animals.

Costs: (taxes included)

- → The cost of the trip is USD \$4400, NOT including your airfare, or trip and medical insurance.
- → Accommodation is based on double occupancy of rooms. Some chalets/guest houses will have more than one bedroom with shared bathroom(s).
- → If your application is accepted, this is the schedule of payment deadlines (payment received in my US bank account, or PayPal): All payments are in US dollars and you are responsible any for transfer fees:

Deposit: \$1500 to book your space within 14 days of my letting you know you have been accepted on the trip Balance due: \$2900 by May 1st

Again, because so much of this trip needs to be paid for now, *we cannot offer refunds*! Please purchase trip insurance to cover any emergencies that would prevent you from coming.

What is included:

Transportation for all scheduled trips, and airport pick-up and return All accommodation from July 28th – August 8th morning (scheduled departure day) One scheduled guided game drive in Kruger and all-day guided drives for Pilanesberg

What is not included:

Travel between your home and Johannesburg, trip and medical insurance These meals are not included in your trip price:

5 breakfasts, 11 lunches and 8 dinners (On occasion, we may share expenses and prepare a group meal depending on where we are, and food supplies available. Please note that food in South Africa is generally considered to be inexpensive, and if you like, you can bring dried noodles or other dried foods from home to have for certain meals.)

Any side trips or additional guided game drives that you choose to do will be at your expense.

Accommodation: As is common in Africa, Park accommodation will be mainly double occupancy with no more than 2-3 people sharing a bathroom. On occasion, we will be using cottages/guest houses that may have up to 3 per room, this will be the exception, not the rule.



Itinerary:

This is what we have planned and it makes for an exciting trip that we are sure you will enjoy. The best travelers are always open to spur of the moment opportunities, things to see, places to eat, new activities to try and adventures to enjoy. While plans and reservations have been made, sometimes meal times or side trips may change due to unforeseen circumstances. In these cases, do what the animals do, be in the "now" and enjoy the moment.

Arrival in Johannesburg:

Arrive in Johannesburg by July 28th. We suggest that you arrive in the morning if flight schedules permit. That will give you the day to rest and relax, and attend our "Welcome to Africa" dinner. The emphasis of this trip will be seeing and communicating with animals in the bush, not sightseeing in Johannesburg. If you would like an extra day in Johannesburg at the beginning or end of your trip, we may be able to arrange an extra night B&B accommodation for you at Owls Loft at a cost of about \$60 USD per night. Let us know so that we can estimate costs for you for transportation, etc. (You might like to begin your visit in Cape Town, in which case we can refer you to helpful organizers there.)

Airport Pickup: You will be met at as you get off the plane, taken through baggage claim, customs and immigration, and taken by private vehicle to <u>Owls Loft Guest House</u>. You will be my guest for dinner that night.

July 29th – July 30: We will travel by private bus around 2.5 hours to <u>Elephant Walk Retreat</u> on the edge of magnificent <u>Kruger National Park</u>. Kruger is a truly enormous park and we will spend the next 6 days exploring various parts of it. We have reserved various chalets/guest houses at Elephant Walk, which is situated on the banks of the Crocodile River. Not only will we be well positioned to explore the southern area of Kruger in our bus, should also be able to watch and talk to wildlife from our accommodation.



Headed out for a game drive! from the vehicle!

Talking Point: Kruger is a self-drive reserve (that means to go in our own vehicle) which gives us a wonderful opportunity to stop and spend as much time as we like viewing animals. Taking our own bus means that we can stop and communicate with animals that we see along the way. I am hoping for a balance between being able to communicate with animals, taking photos, and just having fun observing wildlife. For safety you will be staying in the bus at all times other than at designated locations or restaurants. There is plenty to see

Talking Point: I suggest that the first day you not worry too much about communicating with animals as you will be so excited and surprised to see elephants walking around, or hippos sunning themselves. Just relax and enjoy the sight of rhinos and possibly giraffes grazing among the bushes and trees.



July 31st: Today we will be game viewing while traveling to <u>Satara Rest Camp</u> for an overnight stay. Satara, often referred to as "cat camp", is well known as a prime area to view lions, cheetah and leopard. We will be staying in double occupancy cottages and there is a choice of restaurants on site, or you can go to the small grocery store and pick up supplies for self-catering.

Is someone talking to me?!

Talking Point: A game drive is planned in Kruger, and we may well choose to have it at Satara depending on what kinds of animals have been sighted in the area. Animal communication is tricky in open air game vehicles, but we may well see some amazing things!

August 1-3: We will move northward in the Park and stay three nights, mostly likely in <u>Letaba</u> <u>Rest Camp</u> (reservations will be finalized in August according to the national park reservation system). The area around this camp is much greener due to the Letaba River. The bird watching

is renowned, as are the herds of elephants that come to the river within view of our camp. There is also a riverside walking trail. Letaba has restaurants and a shop.

We will explore this area by bus for two days (three nights) enjoying the wildlife and the amazing scenery.

Talking Point: I plan to give you some new AC questions involving advanced concepts that you might like to use when communicating with various species of animals.



This is a different kind of road traffic!

Talking Point: Evening meals are a fun time to share what you saw during the day, or conversations that you may have had with animals. In the past, people have really enjoyed getting together to talk about the day's adventure!

August 4th- 6th: Our group will travel by private bus to <u>Pilanesberg National Park</u>. We will use cars/minivans within the park, and our drivers will be professional guides- enthusiastic South Africans who know the park well!

We will be staying three nights in the privately owned, self-catering two-bedroom chalets, at <u>Bakubung</u>. There is a hotel with restaurant and bar on the grounds, or you may choose to self-cater after a shopping trip to the local store. Lunches will be within the park.

August 7th: After breakfast we may have a final drive through the park, and then and return to Owls Nest by late afternoon. You will be my guest for the "Farewell Dinner". This will be a fun opportunity to share the highlights of our trip.

August 8: Departure day. What an amazing Animal Communication Adventure!



Trip Application Form:

https://files.constantcontact.com/d5ec63d3001/6d6b3fcc-1614-4a87-9146-fd8d1b486fb1.docx

If you would like to read some "Useful Information" about the trip and what you might like to bring with you, click here:

https://files.constantcontact.com/d5ec63d3001/0d801cbb-5ec9-4825-9dd6-13edf645699a.docx